

Profile

Name with initials : H.M.A.U. Jayasinghe

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Occupation : Consultant in Anaesthesiology with special training
in critical care
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Professional Qualifications

© **MBBS** – (Bachelor of Medicine, Bachelor of Surgery) – November **2009**
Faculty of Medicine, University of Peradeniya, Sri Lanka

2nd MBBS - Second Class Honours with Distinctions in Physiology and Anatomy

3rd MBBS (part 1) - First Class Honours with Distinction in Microbiology

3rd MBBS (part 11) - Second Class Honours with Distinction in Pathology

Final MBBS- First Class Honours with Distinction in Surgery and Paediatrics

All island 4th in the merit list of final MBBS

© **MD (Anaesthesiology and Critical Care)** –By Post Graduate Institute of Medicine (PGIM),
University of Colombo, Sri Lanka – August, 2016

© **FRCA** – **17th June 2019** – Awarded by Royal College of Anaesthetist, UK

© **Accredited Mentor for FICE** (Focused Intensive Care Echocardiography) by the Intensive Care
Society and British Society of Echocardiography

Prizes and Medals

MBBS – 2009, Faculty of Medicine, University of Peradeniya, Sri Lanka

- ⊙ **University Prize for Academic Excellence**
- ⊙ **Garvin Gold Medal for Operative Surgery**
- ⊙ **Rockwood Gold Medal for Surgery**
- ⊙ **H. S. Keerthisinghe Endowment/A. C. Fernando Prize in surgery**

- ⊙ **Warusawithana prize** for the highest marks in Physics and Clinical measurement, MD (Anaesthesiology and Critical Care) –By Post Graduate Institute of Medicine (PGIM), University of Colombo, Sri Lanka
- ⊙ **L M V Attygalle prize** for best free paper presented at Annual Congress of College of Anaesthesiologists and Intensivists of Sri Lanka, 2018 on “Assessment of quality of recovery following gynaecological surgery: a single centre observational study”.

Memberships

- ⊙ Sri Lanka Medical Council – SLMC- Registration Number – 28460
- ⊙ General Medical Council, UK – Registration No – 7617646
- ⊙ Member of the College of Anaesthesiologists and Intensivists of Sri Lanka.
- ⊙ Fellow of the Royal College of Anaesthetists
- ⊙ Member of the Anaesthetist Association of Great Britain and Ireland (AAGBI)
- ⊙ Member of the European Society of Intensive care medicine

Professional Training and Work Experience

1. **Lecturer, Department of Anaesthesiology and Critical Care, Faculty of Medicine, University of Peradeniya – June 2016 onwards**
2. **Visiting lecturer, Faculty of Allied health sciences, University of Peradeniya. – 2017,2020**
3. **Consultant (Honorary), Teaching Hospital, Peradeniya – 2020 onwards**
4. **Specialty registrar, Broomfield Hospital, Mid Essex NHS trust, Essex. (Medical Training Initiative), RCoA – 2018 to 2020**
5. **MD training in anaesthesia and intensive care, attached to PGIM - September 2014 to August 2018**
6. **Lecturer, Lanka Nursing School (Pvt) Ltd, Kurunegala - 2010 – 2011**
7. **Clinical research assistant at South Asian clinical toxicology research collaboration from April 2010 – November 2010**

Research, Audits, Presentations and Publications

Presentations and Abstract Publications

1. Poster presentation at AAGBI Winter Scientific meeting, London, UK (08-10th January 2020)
Amila Herath, Russel Emamdee, Harikumar Sivakumar, Sandip Pal. Improvements in logistics of same-day cancellations of elective surgery in a tertiary plastic surgical unit.
Anaesthesia/ volume 75/ supplement 2 PMID: 31912480
<https://onlineibrary.wiley.com/toc/13652044/2020/75/S2->
2. Poster presentation – EAOAG Annual scientific meeting, UK. September 2018
A U Jayasinghe Herath, S Brayshaw, S Liyanage. Anaesthetic challenges for caesarean section in a patient with anterior sacral meningocele, case report
3. L M V Attygalle prize for best free paper presented at Annual Congress of College of Anaesthesiologists and Intensivists of Sri Lanka, 27th- 28th January 2018
Amila Jayasinghe, Ashani Ratnayake. “Assessment of quality of recovery following gynaecological surgery: a single center observational study”.
4. Free paper presentation at the Annual Congress of College of Anaesthesiologists and Intensivists of Sri Lanka, 27th- 28th January 2018
Amila Jayasinghe, Ashani Rathnayake. “Analysis of sleep quality following gynaecological surgeries under general anaesthesia, a single centre retrospective observational study”
5. Poster presentation at 43rd of annual academic sessions, College of Surgeons – 2014
K Chathuranga, A. Jayasinghe, K B Galketiya, V Pinto. Variation of core temperature during minimal access surgery

Publications

1. Jayasinghe A, Weerakoon R, Karunarathne U. Unstable cervical spine; is it still a contraindication for percutaneous tracheostomy as thought before?. Sri Lankan Journal of Anaesthesiology. 2020;28(2):165–7.
DOI: <http://doi.org/10.4038/slja.v28i2.8615> ()
2. Amila Jayasinghe, Wasula Rathnaweera, I.Wijeweera, K. B. Galketiya, V. Pinto. Peri-operative management of a child with juvenile myasthenia gravis undergoing thoracoscopic thymectomy- a case report. Sri Lanka Journal of Medicine Vol. 26 No.2, 2017.
DOI: <http://doi.org/10.4038/sljm.v26i2.41>
3. K Senevirathne, H Ganegedara, A Jayasinghe, K B Galketiya, V Pinto, A H Abayasinghe. Damage to the superior thyroid artery as a complication of Central venous catheterisation – An infrequent occurrence. International Journal of Scientific and Research Publications, Volume 5, Issue 6, June 2015. ISSN 2250-3153

Audits at Hospital/ Departmental level

1. 20/01/2020 – Silver certificate for presentation at monthly ITU audit
A Jayasinghe, J Collins. Characteristics and Impact of drug overdose on critical care in a district general hospital; a retrospective observational study., Broomfield Hospital, Chelmsford, UK
2. 19/06/2019 - Presentation at departmental audit meeting of Broomfield Hospital, Chelmsford, UK
A Jayasinghe, P Richardson, J Neves. Audit on Current knowledge and practice of Sugammadex in the department of Anaesthesia.

Teaching and Training

1. August 2020 – Examiner in Physiology at Faculty of Medicine, University of Wayamba
2. March/April 2020 – Contribution for the nurses training programme for intensive care during COVID outbreak organized by the Ministry of Health and College of Anaesthesiologists
3. 25/02/2020 – Workshop on Management of Medical Emergencies on dental chair by Sri Lanka Dental Association
4. 23/08/2019 - Participated in the faculty for “Novice Introduction to Anaesthesia Programme”, conducted by the Anglia Ruskin University, Chelmsford, UK
5. 28/10/2019 – Participated in the panel of examiners at mock exams at “Primary FRCA SOE preparation day” conducted by the Anglia Ruskin University, Chelmsford, UK
6. 04/11/2019 – Teaching for medical students on Arterial blood gas analysis and hands on session at Medical academic unit of Broomfield Hospital
7. 05/11/2019 – Teaching for medical students on “Introduction to anaesthesia” conducted by Department of Anaesthesia, Broomfield Hospital
8. 06/12/2019 - Participated in the faculty for “Obs – Act, Simulation based training for anaesthetic trainees”, conducted by the Anglia Ruskin University, Chelmsford, UK
9. 15/08/2018 – Volunteer teaching at the Recovery Nurses Teaching programme held at Broomfield Hospital, UK on “Management of a patient with tracheostomy”
10. 27/12/2017 - Conducted a simulation based workshop on Obstetric Emergencies at Teaching Hospital, Peradeniya.
11. 14/11/2017 – Workshop on Advanced Life support at Health centre, University of Peradeniya

12. 17/12/2017 - Presentation on “critical care acquired weakness” for physiotherapists at FACCT (Fundamental Application of Critical Care Therapy) conducted by College of Anaesthesiologists and Intensivists of Sri Lanka”
13. 06/09/2017 – Resource person for the orientation programme for registrars in Anaesthesiology
14. 25/08/2017 - Conducted a workshop on Basic and Advanced life support for Red Cross First Aid Team
15. 13/07/2017 – Conducted a simulation based workshop on Obstetric Emergencies at Teaching Hospital, Peradeniya.
16. 29/05/2017, 12/09/2017 – Invited lecturer for the nurses training programme, TH Peradeniya.
17. 19/05/2017 - Conducted work stations of defibrillation and airway management at Advanced Life support workshop for pre-intern doctors
18. 28/12/2016 - Delivered a lecture on Acute pain management for medical officers and post graduates at weekly CME programme conducted by Kandy Society of Medicine
19. 21/09/2016 – 23/09/2016 – Participated in the faculty of Advanced Life support workshops for pre-intern doctors and conduction of hands on training stations
20. 24/06/2014 - Conduction of a workshop on Trauma, Patient transport and Advanced life support for medical officers in central province at Regional health Training centre, Kadugannawa

School Education

School: Maliyadeva Balika Vidyalaya – Kurunegala

- ⊙ G.C.E. (Ordinary Level) Examination (2000)
Distinctions for all subjects which included Mathematics, Science, English Language, English Literature, Agry-science, History and Social Studies, Buddhism and Sinhala Language & Literature.
- ⊙ G.C.E. (Advance Level) Examination (2003) with “**A**” **grades for all 3 subjects** which included Biology, Physics and Chemistry
District rank of 2 and island rank of 56
- ⊙ **Leader** of the school team, winning the **all island first place** in inter school Chemistry Quiz, 2002/2003
- ⊙ Represented school, winning the **All Island Second best performance** with a High distinction at Australian Chemistry Quiz, 2002